



# School Health

Guilford County Schools



**The School Health Program  
supports Guilford County  
Schools through case  
management, health education  
and consultation in order to  
remove health related barriers  
to learning.**

*The American Academy of Pediatrics has a new policy statement published in the June 2016 issue of Pediatrics that calls for a minimum of one full-time registered nurse in every school.*

# **School Year 2015-2016**

**GCS Student Population – 73,070**

**33 Nurses Served 125 Schools**

**1 Nurse : 2,214 Students**

**School Nurse Contacts -133,548**

**School Visits – 3,886**



School nurses act as agents of the school and must follow all school policies and procedures.

For example: Lice Policy,  
Medication Policy

# The School Health Program



**Provides:**



- Chronic Disease Management
- Training of school staff and monitoring of medical procedures
- Medication administration training and monitoring
- Immunization and Health Assessment follow-up
- Screening, referrals, and follow-up for: vision, dental, and other health conditions



January 2016

**NORTH CAROLINA HEALTH ASSESSMENT TRANSMITTAL FORM**

This form and the information on this form will be maintained on file in the school attended by the student named herein and is confidential and not a public record.

(Approved by North Carolina Department of Public Instruction and Department of Health and Human Services)

**PARENT to COMPLETE THIS SECTION**

<b>Student Name:</b>		<input type="checkbox"/> M <input type="checkbox"/> F	
(Last)	(First)	(Middle)	
<b>Birthdate</b> (M/D/YYYY):		<b>School Name:</b>	
<b>Hispanic of Latino Origin:</b> <input type="checkbox"/> 1 Yes <input type="checkbox"/> 2 No	<b>Race:</b> <input type="checkbox"/> 1 Other Non-White <input type="checkbox"/> 2 White <input type="checkbox"/> 3 Black <input type="checkbox"/> 4 American Indian <input type="checkbox"/> 5 Chinese <input type="checkbox"/> 6 Japanese <input type="checkbox"/> 7 Hawaiian <input type="checkbox"/> 8 Filipino <input type="checkbox"/> 9 Other Asian <input type="checkbox"/> 10 Unknown		
<b>Home Address:</b>	<b>City:</b>	<b>State:</b>	<b>County:</b>
<b>Parent Information: Name of Parent, Guardian, or person standing in loco parentis:</b>		<b>Telephone(s)</b>	
Home:		Work:	
Cell Phone:			
<b>Health Concerns to be shared with authorized persons (school administrators, teachers, and other school personnel who require such information to perform their assigned duties):</b>			
<b>HEALTH CARE PROVIDER TO COMPLETE THIS SECTION</b>			
<b>Medications prescribed for student:</b>			
<b>Student's allergies, type, and response required:</b>			
<b>Special diet instructions:</b>			
<b>Health-related recommendations to enhance the student's school performance:</b>			
<b>Vision screening information:</b> Passed vision screening: <input type="checkbox"/> Yes <input type="checkbox"/> No Concerns related to student's vision:			



January 2016

<b>Hearing screening information:</b> Passed hearing screening: <input type="checkbox"/> Yes <input type="checkbox"/> No Concerns related to student's hearing:				
<b>Recommendations, concerns, or needs related to student's health and required school follow-up:</b>				
<b>School follow-up needed:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No				
<b>Medical Provider Comments:</b>				
<b>Please attach other applicable school health forms:</b> Immunization record attached: <input type="checkbox"/> School medication authorization form attached: <input type="checkbox"/> Diabetes care plan attached: <input type="checkbox"/> Asthma action plan attached: <input type="checkbox"/> Health care plans for other conditions attached: <input type="checkbox"/>				
<b>Health Care Professional's Certification</b> I certify that I performed, on the student named above, a health assessment in accordance with G.S. 130A-440(b) that included a medical history and physical examination with screening for vision and hearing, and if appropriate, testing for anemia and tuberculosis. I certify that the information on this form is accurate and complete to the best of my knowledge.				
<b>Name:</b>	<b>Title:</b>			
<b>Signature:</b> _____	<b>Date (m/d/yyyy):</b>			
<b>Practice/Clinic Name:</b>	<b>Practice/Clinic Address:</b>			
<b>Practice/Clinic City:</b>	<b>State:</b>	<b>Zip:</b>	<b>Phone:</b>	<b>Fax:</b>
<b>Provider Stamp Here:</b>				

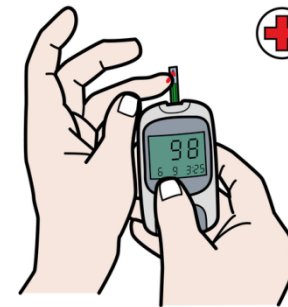
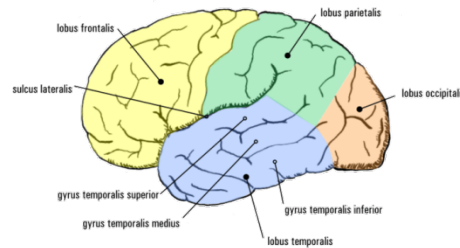
# School Health Offers Many Other Services

- Case Management of Chronic Conditions
- Health Care Plans
- Health Education Classes
- Pregnancy Referral/Follow-up/Counseling
- Liaison between Homes, Schools, and  
Community Health Care Providers



# 4 Most Common Chronic Diseases in the School Setting

- Asthma
- Severe Allergies
- Seizures
- Diabetes



# 10% of GCS Students Identified with a Chronic Health Condition in 2015-2016

- Asthma - 4,305 students
- Severe Allergies – 2,087 students
- Seizure Disorder – 334 students
- Type I Diabetes – 208 students

# Chronic Disease Case Management

## Goals Include:

- Reduced Symptoms
- Improved Academic Success
- Improved Self Care
- Increased Teacher/Staff Education
- Safer School Environment
- Improved Family/Peer Relationships





**Asthma  
Emergency Care Plan  
for School/Field Trips**

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Name of Student \_\_\_\_\_ School \_\_\_\_\_

Teacher/Grade \_\_\_\_\_ Date \_\_\_\_\_

Dear Parent:

We understand that your child has asthma. Please complete this form and return it to school as soon as possible.

**If your child needs medication at school, we must have a completed medication authorization form.**

**It is your responsibility to inform after school staff regarding your child's medical needs.**

Phone \_\_\_\_\_

\_\_\_\_ Student carries inhaler. (The school will assume no responsibility for students who self medicate.)

\_\_\_\_ Student has an inhaler located in \_\_\_\_\_

\_\_\_\_\_  
School Nurse

\_\_\_\_ Student does not have an inhaler.

\_\_\_\_ Student no longer requires medical intervention/medication for asthma.

**Asthma Triggers** (Circle asthma triggers):

Allergies, exercise, infection, changes in temperature, fragrances

**What you may see/hear** (Circle warning signs):

Wheezing (high pitched noise with breathing), excessive coughing, difficulty breathing, "tight chest" feeling  
and/or struggling to breathe

**Interventions:**

- Keep student calm and resting in a comfortable position. **Do not leave student alone.**
- Ask student if he has an inhaler. If so, tell him to use it.
- Offer sips of water, caffeinated coffee, tea or soda, preferably at room temperature.
- **If symptoms continue, notify parent and call first responders.**
- If student is unable to speak, anxious, lips are blue or inhaler has not helped, **call first responders and 911.**

**The school nurse may communicate with the student's health care provider(s):**

Dr. \_\_\_\_\_ Phone \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

GUILFORD COUNTY SCHOOLS  
AUTHORIZATION OF MEDICATION FOR A STUDENT AT SCHOOL

Check one: \_\_\_ Prescription \_\_\_ Non-Prescription

School: \_\_\_\_\_ School Address: \_\_\_\_\_

Name of Student: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

IN ORDER TO KEEP THIS STUDENT IN OPTIMUM HEALTH AND TO HELP MAINTAIN MAXIMUM SCHOOL PERFORMANCE, IT IS NECESSARY THAT MEDICATION BE GIVEN DURING SCHOOL HOURS.

**NOTE: Please Complete a Separate Form for each Medication**

**PRESCRIBER INSTRUCTIONS:**

Prescribing Health Care Clinician (print): \_\_\_\_\_ Phone: \_\_\_\_\_

Medication: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Dosage, Time, and Method of Administration: \_\_\_\_\_

Expected Dates for Administration: \_\_\_\_\_

List Any Possible Adverse Reactions That Should Be Reported to Health Care Clinician: \_\_\_\_\_

Check here if serious reaction can occur if medication not given exactly as prescribed.       Check here if serious reaction can occur even when medication is administered properly.

Student has been instructed, understands and has demonstrated the skill to self administer his/her emergency medication.

Special handling instructions: \_\_\_\_\_

NOTE: The health care clinician may use another format (computer printout, letter, etc.) to authorize administration of the medication. However, all information requested above must be provided.

\_\_\_\_\_  
Signature of Health Care Clinician                      Date                      Phone

**PARENT'S PERMISSION**

I hereby give my permission for my child (named above) to receive medication during school hours. This medication has been prescribed by a licensed physician or other health care clinician. I hereby release the Board of Education and their agents and employees from any and all liability that may result from my child taking the prescribed medication.

\_\_\_\_\_  
Signature of Parent or Guardian                      Date                      Phone

(SCHOOL USE ONLY)  
Name and title of person(s) designated by principal to administer medication: \_\_\_\_\_

Student has demonstrated to the school nurse the skill to self administer his/her emergency medication.

Content reviewed by: \_\_\_\_\_  
Signature of School Health Nurse                      Date

Withdrawal of authorization was made in writing (attach note from parents): \_\_\_\_\_  
Date

In 2015- 2016, there were  
58,530 procedures (tube  
feedings, urinary  
catheterizations, etc.)  
performed by school staff as  
trained by school nurses. We  
need health care provider order  
to provide service in school.

## MEDICAL ORDERS

**Student Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

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**Physician/Licensed Health Care Clinician Name (printed)** \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

**CLINICIAN SIGNATURE** \_\_\_\_\_ **Date:** \_\_\_\_\_

.....

**PARENT/GUARDIAN PERMISSION:**

I hereby give my permission for the school nurse or trained school employee(s) to carry out the above orders for my child (named above) during school hours. These orders have been prescribed by a licensed physician or other health care clinician.

**PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_ **Date:** \_\_\_\_\_

.....

School Nurse Signature \_\_\_\_\_ **Date:** \_\_\_\_\_

# Communicable Disease Surveillance

- Work with Public Health Communicable Disease Program to control reportable diseases.
- Provide surveillance when there is an outbreak to determine individuals in schools at risk of exposure.
- Educate the school staff and families about disease prevention.



# School Nurses in 2015 -2016

- \* Screened visions for 20,581 students
- \* Referred 2,059 students to an eye care provider
- \* Helped to secure resources for many families



# What Else Do We Do?

- We respond to the health of the community in Guilford County as DHHS Public Health Nurses.
- We also assist with the immunization clinics, emergency shelters, and present at health fairs.



# Advocates for Children

- The School Nurses are continuously advocating for our students. A working partnership with all health providers in our community can make a difference in the lives of children and enhance their ability to become a healthy and successful adult.





**Request/Referral to School Nurse**

To GCDHHS  
School Health Program

Date \_\_\_\_\_

School \_\_\_\_\_

Name of Student Referred/DOB

Parent or Guardian of Student Referred

Student's Diagnosis \_\_\_\_\_

Home Telephone \_\_\_\_\_

\_\_\_\_\_

Work/Cell Telephone \_\_\_\_\_

\_\_\_\_\_

Reason(s) for Referral – From Health Care Provider

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature

Assessment/Findings Per School Nurse

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date

Signature

**SEND REQUEST TO**

**RETURN FINDINGS TO**

GCDHHS – School Health

Phone 336 641-3896

Fax 336 641-6050

Name \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

School records are protected by:

Family Educational Rights and Privacy Act  
(FERPA)

School records, including immunization records, cannot be released without a parent signature.

School Nurses share information with school staff on a need to know basis.

# School nurses collaborate with multiple community service providers including:

- Juvenile Justice System
- Children's Mental Health Collaborative
- YMCA Adolescent Program Advisory Board
- Wrap Around for Triad Adult Pediatric Medicine
- Pediatric Team with Partnership for Community Care
- Child Fatality Prevention Team
- Guilford County Asthma Coalition

# Healthy Children Learn Better

A student's health status is directly related to his or her ability to learn. The school nurse supports the physical, mental, emotional, and social health of students and their success in the learning process.



# How Can You Contact Us?



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[shawks@myguilford.com](mailto:shawks@myguilford.com)

- Janis Surratt – High Point Supervisor
- Beth Jaekle – Greensboro Supervisor





# Resource Information

School Health Program

<http://www.myguilford.com/humanservices/health/child-health-services/school-health/>

